

FALL 2025

THE OPEN DOOR

A Newsletter of the Pictou County Women's Resource and Sexual Assault Centre



Hello Friends,

We are thrilled to share some exciting updates from the Pictou County Women's Resource and Sexual Assault Centre! As we gear up for our 50th anniversary, we have a lot to celebrate and look forward to.

Meet Our Team!

We're happy to introduce some new faces and congratulate team members on new roles at the Centre!

- *Lesley Longhorn* has joined us as our new Administrative Assistant.
 - *Olivia Johnson*, previously Administrative Support, has transitioned to a full-time Support Worker role.
 - *Dorothy Cassidy* and *Norma Jean Profitt* now share our Trauma Therapist position, offering therapeutic counselling to those aged 16 and older who have experienced sexualized violence.
 - *Taylor DeCoff* has joined our team this month as a Support Worker.
 - Former summer student *Kalei Grant* will be returning in
- October to help support our girls' work.
 - *Candace Slater* will be back to help support our senior work.
 - *Liz MacIntosh*, our Financial Bookkeeper, continues to offer women basic tax return assistance and co-facilitates the Secure, Senior Financial Program.
 - Our Executive Director, *Shelley Curtis Thompson*, remains steadfast in supporting our team and championing our mission.
- Their contributions and dedication are invaluable.

CELEBRATING 50 YEARS

January 16, 2026 marks a significant milestone for us. For half a century, we've been dedicated to providing support, resources, and advocacy for women and gender-diverse people in our community.

Save the Date! Join us in celebrating this incredible journey at our special anniversary event on January 15, 2026! Stay tuned for more details and announcements, which will be shared on our website and social media:

Website: www.womenscentre.ca

Facebook:
www.facebook.com/pcwomenscentre

Programs & Services

Our commitment to offering comprehensive support continues strong. Here's a look at what's currently available and what's coming up:

Core Services

- **Counselling and Support Groups:** We provide confidential support counselling to women, girls (age 16 and up), and gender-diverse people on a wide range of issues. We also offer therapeutic counselling to all genders (age 16 and up) who have experienced sexual assault.
- **Educational Workshops:** Our workshops cover topics from gender-based violence to trauma-informed care, empowering individuals and professionals through knowledge. We are currently working on a partnership with the Pictou Sexual Assault Team and Pictou Interagency on Family Violence to bring forward new opportunities. Updates will be shared on our website and Facebook.
- **System Navigation and Advocacy:** Our team is here to help you navigate the resources you need, from legal referrals to financial assistance.

Upcoming Programs

Program	Start Date & Time	Location	Focus	Contact to Register
Finding Me (Youth Ages 12-15)	Tue., Oct. 7 at 4 pm	New Glasgow	Youth Support	Olivia: support@womenscentre.ca or text 902-921-4647
Survivor Program	Tue., Sept. 23 (Ongoing)	New Glasgow	Trauma Support	Norma Jean/Dorothy: morph@womenscentre.ca
Chair Yoga with Dorothy	Fri., Oct. 24 at 11 am	New Glasgow	Wellness	Lesley: info@womenscentre.ca or call 902-755-4647
EmpowHer	Tue., Oct. 14 at 11 am	Pictou	Senior Self Esteem	Taylor/Candace: morph@womenscentre.ca or text 902-921-4648
Secure	Thur., Oct. 23 at 11am	New Glasgow	Senior Financial Skills	Lesley: info@womenscentre.ca or call 902-755-4647

We are currently working with HCRS offering a closed self-esteem program.

For general inquiries, you can always reach us at:

Email

info@womenscentre.ca

Phone

902-755-4647

Text

902-921-4647

